

SR. CTR. CALENDAR

Jan 2016 (Eastern Time)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
					Hot Tea month	
3	4	5	6	7	8	9
	9:30am - Choices 10am - Quilt on Own 10:45am - Blood Pressure 12pm - Lunch 12:30pm - Senior Club mtg 1:45pm - Gentle Yoga	10am - Cindy's Exercise 12pm - Lunch 12:45pm - BINGO 1pm - Bible Study 4:30pm - Fall Prevention	9am - Y-Toning & 10am - Men Can and Do 10am - Open Art Studio 10am - Sojourn Bears 11am - Women In 12pm - Lunch 1pm - GoToWebinar -	10am - Cindy's exercise 11:15am - Tap Dance 12pm - Lunch 12:30pm - Setback 4:30pm - Fall Prevention	Reflexology 10:30am - Living History 12pm - Lunch 12:30pm - Bridge 12:30pm - Cromwell 12:30pm - Knit/Crochet	
10	11	12	13	14	15	16
	9:30am - Choices 10am - Quilt on Own 10:30am - Muffins for the 12pm - Lunch 1:45pm - Gentle Yoga	10am - Cindy's Exercise 10:30am - Lunch @ Havell 11am - Book Club 12pm - Lunch 12:45pm - BINGO 1pm - Bible Study 4:30pm - Fall Prevention	9am - Y-Toning & 10am - Men Can and Do 10am - Open Art Studio 10am - Sojourn Bears 11am - Women In 12pm - Lunch 1:15pm - EHMS Concert	10am - Cindy's exercise 11:15am - Tap Dance 12pm - Lunch 12:30pm - Setback 3pm - COA mtg 4:30pm - Fall Prevention	10:30am - Living History 12pm - Lunch 12:30pm - Bridge 12:30pm - Knit/Crochet	
17	18	19	20	21	22	23
	Closed Martin Luther King	10am - Cindy's Exercise 12:45pm - BINGO 1pm - Bible Study 4:30pm - Fall Prevention	9am - Y-Toning & 10am - Men Can and Do 10am - Open Art Studio 10am - Sojourn Bears 11am - Women In 12:30pm - Belltones	10am - Cindy's exercise 11:15am - Tap Dance 12:30pm - Setback 4:30pm - Fall Prevention	Reflexology 10am - Norwich Tech Lunch 10:30am - Living History 12:30pm - Bridge 12:30pm - Knit/Crochet	
24	25	26	27	28	29	30
	9:30am - Choices 10am - Quilt on Own 12pm - January Birthday, 1:45pm - Gentle Yoga	9:30am - Visit to State 10am - Cindy's Exercise 12:45pm - BINGO 1pm - Bible Study 4:30pm - Fall Prevention	9am - Y-Toning & 10am - Men Can and Do 10am - Open Art Studio 10am - Sojourn Bears 11am - Women In 12:30pm - Belltones 12:45pm - Movie Day	10am - Cindy's exercise 11:15am - Tap Dance 12:30pm - Setback	10am - Genealogy 10:30am - Living History 12:30pm - Bridge 12:30pm - Knit/Crochet	
31	1	2	3	4	5	6
	9:30am - Choices 10am - Quilt on Own 10:45am - Blood Pressure 12:30pm - Senior Club mtg 1:45pm - Gentle Yoga	Ground Hog Day 10am - Cindy's Exercise 12:45pm - BINGO 1pm - Bible Study	9am - Y-Toning & 10am - Men Can and Do 10am - Open Art Studio 10am - Sojourn Bears 11am - Women In @ 11:01am - Conversation 12:30pm - Belltones	10am - Cindy's exercise 11:15am - Tap Dance 12:30pm - Setback	Reflexology 10:30am - Living History 12:30pm - Bridge 12:30pm - Cromwell 12:30pm - Knit/Crochet	